1. The City of Scranton
Scranton trail sections include the Elementary School, Roosevelt, the CR Extension; and the Lackawanna River Heritage Trail. The Lackawanna River Heritage Trail, located in Scranton, is a partnership of community volunteers, businesses, and organizations dedicated to preserving the river's history and culture. The trail features interpretive signs, educational programs, and a variety of recreational opportunities, including fishing, boating, and hiking. The Lackawanna River Trail is a popular launch point for kayaks and other watercraft. The trail also offers stunning views of downtown Scranton and the surrounding landscape.

2. Dickson City to Archbald
The Lackawanna River Heritage Trail (LRHT) section from Dickson City to Archbald includes a variety of scenic and recreational opportunities. The trail follows the banks of the Lackawanna River, offering beautiful views of the surrounding landscape. Visitors can enjoy a variety of activities, including fishing, boating, and birdwatching. The trail also features several community parks, including Dicken Park and Archbald Park, which offer a range of amenities, including picnic areas, playgrounds, and walking trails. The trail is a popular destination for families and outdoor enthusiasts alike.

3. Jermyn to Mayfield
Much of the section of trail includes beautiful views of the river and surrounding areas. The trail features several community parks, including Jermyn Lake Park and Mayfield Park, which offer a range of amenities, including picnic areas, playgrounds, and walking trails. The trail is a popular destination for families and outdoor enthusiasts alike.

4. Historic Carbondale
The Carbondale section of the Lackawanna River Heritage Trail (LRHT) includes several community parks, including Carbondale Park and Lackawanna River Park, which offer a range of amenities, including picnic areas, playgrounds, and walking trails. The trail is a popular destination for families and outdoor enthusiasts alike.

5. Forest City
Forest City is a charming town located in Lackawanna County, Pennsylvania. The town is known for its Historic District, which features several historic buildings and sites, including the Forest City Community Center and the Forest City Historic District. The trail continues along the Lackawanna River, offering beautiful views of the surrounding landscape. Visitors can enjoy a variety of activities, including fishing, boating, and birdwatching. The trail is a popular destination for families and outdoor enthusiasts alike.
The Lackawanna River Heritage Trail is a multi-use trail that connects Scranton to Lackawanna Lake in the Delaware Water Gap National Recreation Area. It is managed by the Rail-Trail Council of NEPA and continues for 30 miles north to New York. See nepa-rail-trails.org for more information.

The last 10 miles of the Lackawanna River Heritage Trail is co-aligned with the D&H Trail. It is open to hiking, running, cycling, and snowshoeing. The trail is open dawn to dusk. Camping overnight is prohibited.

On all sections of trail:
- Walk
- Run
- Bicycle
- Snowshoe
- Cross-country ski

On paved sections:
- Rollerblade

North of Simpson:
- Horseback riding
- Snowmobiling (with permit)

On the trail, you may see beaver, deer, rabbits, groundhogs, chipmunks, and squirrels. Bald eagles nest in trees along the trail. The trail connects to Honesdale Borough Park and Honesdale Dam, providing access to the Lackawanna River. It also connects to Wildwood Recreation Trail.

On the map, you can see the trail's route along the Lackawanna River, passing through Scranton, Clarks Summit, and Moosic. It also connects to other trails and parks in the region.

For more information, visit the Lackawanna River Heritage Trail's website at nepa-rail-trails.org.